

3. Use a suitable adaptor to fit onto the metal of the outer shell so not pressing onto the polyurethane. Press the new bush into the arm until the larger diameter touches the arm.

## Tip: Place a spacer between the two faces of the arm to stop the upper face from collapsing while pressing the bush through.

4. Apply some of the supplied grease into the bore of the polyurethane bush and push in the stainless steel sleeve into the bush.

5. Refit the lower arm back to the car and tension all hardware to manufacturers recommended torque settings.



Figure 1

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